



Mount Vernon School District

Growing Healthy Students!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2-Dec</p> <p>Chicken Strips Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>3-Dec</p> <p>Grilled Cheese Sandwich Goldfish Crackers Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>4-Dec</p> <p>Beefy Mac Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>5-Dec</p> <p>Burrito w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>6-Dec</p> <p>Cheese Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>
<p>Mini Cinni <i>Fresh Fruit & Milk</i></p>	<p>Assorted Breads & String Cheese <i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza <i>Fresh Fruit & Milk</i></p>	<p>Pancake on a Stick <i>Fresh Fruit & Milk</i></p>	<p>Fruit and Yogurt Parfait <i>Fresh Fruit & Milk</i></p>
<p>9-Dec</p> <p>Beef Teriyaki Dippers Steamed Rice & Veggies Fresh Fruit Fortune Cookie 1% White Milk or Chocolate Milk</p>	<p>10-Dec</p> <p>Hamburger Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>11-Dec</p> <p>Chicken Noodle Soup w/ Saltine Crackers Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>12-Dec</p> <p>Chicken Enchilada Empanada w/ Picante Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>13-Dec</p> <p>Pepperoni Pizza Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>
<p>Mini Cinni <i>Fresh Fruit & Milk</i></p>	<p>Assorted Breads & String Cheese <i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza <i>Fresh Fruit & Milk</i></p>	<p>Pancake on a Stick <i>Fresh Fruit & Milk</i></p>	<p>Fruit and Yogurt Parfait <i>Fresh Fruit & Milk</i></p>
<p>16-Dec</p> <p>Cheese Stuffed Breadsticks Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>17-Dec</p> <p>Crispy Chicken Burger French Fries Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>18-Dec</p> <p>Fiesta Mac and Cheese Steamed Corn Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>19-Dec</p> <p>Corndog Green Beans Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>	<p>20-Dec</p> <p>Cook's Choice Cookie! Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk</p>
<p>Mini Cinni <i>Fresh Fruit & Milk</i></p>	<p>Assorted Breads & String Cheese <i>Fresh Fruit & Milk</i></p>	<p>Breakfast Pizza <i>Fresh Fruit & Milk</i></p>	<p>Pancake on a Stick <i>Fresh Fruit & Milk</i></p>	<p>Muffin and Yami Yogurt <i>Fresh Fruit & Milk</i></p>

**Winter Break - No School. Dec 23 - Jan 3.
Back Jan 6**

This institution is an equal opportunity provider and employer. Menu subject to change without notice.
Questions? Call Cheyenne Walker, Food Services Supervisor, at (360) 428-6149.